



**#MORELOVENOW**

**7 proven strategies  
to call in more love**

### Love is a Movement

Below are 7 proven techniques that'll shift your vibration and set you on track to attracting more Love in your Life. We at Love CEO Institute believe Love is tenacious, Love is action, Love is a movement.

Don't underestimate the power of action. Take action when you see the (A)

#### DEFINE A CLEAR DEFINITION OF LOVE

If you don't know where you are going you will never discover how to get there.

#### CREATE A CLEAR VISION OF THE LOVE YOU WANT IN YOUR LIFE (A)

Everyone's love goal is different. Take 10 minutes today to journal about the vision you have for love. Do not censor and dream big. Read it daily

#### GIVE YOUR VISION AWAY DAILY

"Be the Love you wish to receive" - Natasha McCrea.

Life is fluid. What goes out will always come back. It's law. Try it. Strategically plan how you will give love away each day.

#### CONTROL YOUR THOUGHTS

This may be hard to swallow, but you are exactly where you are right now because of your thoughts. No more "yeah but". Think good thoughts.

#### CREATE DAILY AFFIRMATIONS AND COINCIDING ACTIONS (A)

Turn every negative thought around to create a positive affirmation. What action will you do to support that affirmation?

#### KNOW YOUR UNIQUE GIFTS YOU HAVE TO OFFER THE WORLD (A)

Take 20mins to journal. What are your unique gifts? Stretch your imagination

**BELIEVE IT IS POSSIBLE!!**



# The Characteristics of Love

Self-Love is the most powerful love on the planet. I believe it fuels all other love. It'll lead you out of darkness and towards everything you want in life (those forgotten dreams and greater confidence). Use the word listed below as a guideline to start loving on yourself a little more every day. Meditate on these words daily. (A) Look up the definitions to the words below and identify behaviors/tasks/activities that represent each word.

Patience

Kindness

Honor

Forgiveness

Protection

Trust

Hope



[Join our community so you can raise your Love Intelligence.](#)



- Did you take the action steps in this document?
- Do you already have more love in your life than you can imagine?
- Are you living the love life you really want?

**If you answered no to any of these questions I encourage you to go back, re-read this guide, implement the action items(A) and/or schedule a call and we will determine what areas of your life can use more Love Intelligence. So you can design a life you love.**

---

## **A Love Note from the Author**

Congratulations on completing your more love guide. I want you to know this is just the start of your journey. Complete the action items to get the results. No more playing small. Go for what you want. Starting with you, “Be the love you wish to receive.” Do not underestimate the power of taking action. You’ ll be surprised at how the universe will honor you and God will honor your faith.

*Natasha McCrea*

**<< Schedule a Love Intelligence Discovery Call >>**

**Natasha McCrea** is the founder of Love CEO Institute and a Love Intelligence Coach. She coaches strong women how to use love to design the life they truly want. So they can unlock genuine confidence and boost feminine power so they can call in more love.

[Schedule a call with me now.](#)

